



It ain't what you teach...

**...it's how you teach it
(and more importantly what they learn
that counts)**

**Learning Strategy Training
by Rachael Harris
<https://fabenglish-ideas.com>**



What makes a good language learner?

Motivation

Self- management & regulation

Ability to use clues

Use of circumlocution & paraphrasing

Ability to notice form & syntax

Monitoring own and others' speech

Managing inhibitions

Ability to choose and use the right strategies efficiently

Positive beliefs



What is a learning strategy?

“LLS are mental actions that are sometimes also manifested in observable behaviors. They are complex, dynamic teachable, and at least partially conscious”

Rebecca L. Oxford (2017)



Why?

Saves time in the long run

Motivating

Weakest students improve quickest

Learning as we go along



What strategies should we teach?

Minimizing anxiety & Belief in Self

Investing time and effort

How to be a more autonomous learner

Skills Strategies

Getting the Results

Recording Progress



Being Brave

Take 5

Write a list

Ask for help

FAIL

Positive thinking



What do they have in common?

Einstein Beyonce Bill gates Charles Darwin
Colonel Sanders 50 Cent Dr Seuss Churchill
Harrison Ford James Dyson Michael Jordan
Madonna Keanu Reaves Steven Spielberg
The Beatles Walt Disney George Lucas
Elvis Presley JK Rowling Katy Perry
Fred Astaire Henry Ford Soichiro Honda



Out of my Zone





QUICK WINS

10 minutes on a learning app

Watch a song on youtube with the words

Text a friend in L2

Find a copy a motivating quote in L2

Post or comment on SM in L2

Plan a reward

Find a new word in dictionary and use it today

Write in your learning journal



When I'm Stuck

Google it

Youtube video

Call a friend

Take a break

Simplify the problem

How is it related to what we did in class?



Skills Strategies

Plan your Protocols

Speak aloud

Important questions



Self-confidence- You Can Do It

I've run 5 marathons

I've been paragliding

I've seen sharks when diving

I've travelled around France in a campervan

I've obtained an MA through distance learning



Surviving the Dip

Write down your WHY

Contact the Team

Get in some quick wins

Write in your learning journal



LEARNING JOURNALS

How did my learning feel today?

Something I've learnt...

Something I'd like to learn...

Next time I'll...

My next step...

My next reward...

Remembering my SMARTER Goal...

Remembering my WHY...



To Go further

- *Language Learning Strategies and Individual Learner Characteristics*- Rebecca L. Oxford
- *Motivation, Language Identity & the L2 self*- Zoltàn Dörnyei & Ema Ushoida
- <https://www.wanderlustworker.com/48-famous-failures-who-will-inspire-you-to-achieve/#alberteinstein>
- *Lessons from Good Language Learners*- Carol Griffiths



Thank you!

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<https://fabenglish-ideas.com/workshops/it-aint-what-you-teach/>